

VJK KB Diksmuide 26: Session: 6: COACH evaluation sheet for TEAM: MEGA

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Renterghem Delphine HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 67: 100M MEDLEY MEN 13-14					Heat:2, starttime: 14:56
Heat: 2/5 Lane : 6 Athlete: MARTELÉ STAN					Q-time: 01:18:22
PB (25m pool): 01:18.22 TEMSE 30/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.20		01:18.22	
	00:36.20		00:42.02		
					

Coach feedback:

Event number: 69: 50M BUTTERFLY MEN 15-16					Heat:5, starttime: 15:16
Heat: 5/5 Lane : 2 Athlete: LAFAUT JEROME					Q-time: 00:27:63
PB (25m pool): 00:27.98 EEKLO 04/10/2026					PB (50m pool): 00:27.63 SB: 00:27.98 EEKLO 04/10/2026
	2 5 M	5 0 M			
PB		00:27.98			
	00:27.98				
					

Coach feedback:

Event number: 69: 50M BUTTERFLY MEN 15-16					Heat:5, starttime: 15:16
Heat: 5/5 Lane : 6 Athlete: LOEYS EWOUT					Q-time: 00:27:41
PB (25m pool): 00:27.41 EEKLO 04/10/2026					PB (50m pool): 00:28.80 SB: 00:27.41 EEKLO 04/10/2026
	2 5 M	5 0 M			
PB		00:27.41			
	00:27.41				
					

Coach feedback:

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Event number: 70: 50M BUTTERFLY WOMEN 15-16			Heat:2, starttime: 15:18
Heat: 2/5 Lane : 3 Athlete: DE RUIJTER ELISE			Q-time: 00:31:50
PB (25m pool): 00:31.50 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:31.55 SB: 00:31.56 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:31.50	
	00:31.50		
			

Coach feedback:

Event number: 70: 50M BUTTERFLY WOMEN 15-16			Heat:3, starttime: 15:19
Heat: 3/5 Lane : 5 Athlete: SCHRAM MILA			Q-time: 00:29:71
PB (25m pool): 00:29.71 Aachen 11/10/2026			PB (50m pool): 00:30.68 SB: 00:29.71 Aachen 11/10/2026
	2 5 M	5 0 M	
PB		00:29.71	
	00:29.71		
			

Coach feedback:

Event number: 70: 50M BUTTERFLY WOMEN 15-16			Heat:3, starttime: 15:19
Heat: 3/5 Lane : 6 Athlete: VAN HERPE MILLY			Q-time: 00:30:55
PB (25m pool): 00:30.59 Aachen 11/10/2026			PB (50m pool): 00:30.55 SB: 00:30.59 Aachen 11/10/2026
	2 5 M	5 0 M	
PB		00:30.59	
	00:30.59		
			

Coach feedback:

Event number: 70: 50M BUTTERFLY WOMEN 15-16			Heat:4, starttime: 15:20
Heat: 4/5 Lane : 5 Athlete: DE DECKER FEBE			Q-time: 00:29:54
PB (25m pool): 00:30.02 Sint-Amandsberg 18/10/2026			PB (50m pool): 00:29.54 SB: 00:30.02 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	
PB		00:30.02	
	00:30.02		
			

Coach feedback:

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Event number: 71: 100M BUTTERFLY MEN 13-14					Heat:1, starttime: 15:23
Heat: 1/4 Lane : 1 Athlete: TURPIJN JULES					Q-time: 01:19:27
PB (25m pool): 01:19.27 EEKLO 04/10/2026			PB (50m pool): 01:23.17 SB: 01:19.27 EEKLO 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.10		01:19.27	
	00:36.10		00:43.17		
					

Coach feedback:

Event number: 71: 100M BUTTERFLY MEN 13-14					Heat:1, starttime: 15:23
Heat: 1/4 Lane : 7 Athlete: MARTELÉ STAN					Q-time: 01:18:92
PB (25m pool): 01:18.92 EEKLO 04/10/2026			PB (50m pool): 01:20.52 SB: 01:18.92 EEKLO 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.63		01:18.92	
	00:35.63		00:43.29		
					

Coach feedback:

Event number: 71: 100M BUTTERFLY MEN 13-14					Heat:2, starttime: 15:24
Heat: 2/4 Lane : 7 Athlete: VANHULLE WILLEM					Q-time: 01:11:09
PB (25m pool): 01:09.04 Sint-Amandsberg 18/10/2026			PB (50m pool): 01:11.09 SB: 01:09.04 Sint-Amandsberg 18/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.92		01:09.04	
	00:31.92		00:37.12		
					

Coach feedback:

Event number: 72: 100M BUTTERFLY WOMEN 13-14					Heat:1, starttime: 15:30
Heat: 1/5 Lane : 7 Athlete: VAN BEYLEN STELLA					Q-time: 01:25:42
PB (25m pool): 01:18.45 Sint-Amandsberg 18/10/2026			PB (50m pool): 01:29.55 SB: 01:18.45 Sint-Amandsberg 18/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.25		01:18.45	
	00:36.25		00:42.20		
					

Coach feedback:

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Event number: 72: 100M BUTTERFLY WOMEN 13-14					Heat:2, starttime: 15:32
Heat: 2/5 Lane : 4 Athlete: VANHAECKE JULIETTE					Q-time: 01:14:87
PB (25m pool): 01:11.53 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:14.87 SB: 01:11.53 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.55		01:11.53	
	00:32.55		00:38.98		
					

Coach feedback:

Event number: 72: 100M BUTTERFLY WOMEN 13-14					Heat:3, starttime: 15:34
Heat: 3/5 Lane : 2 Athlete: BLANCQUAERT CAMILLE					Q-time: 01:11:95
PB (25m pool): 01:12.68 LAGO Zwevegem 25/05/2026					PB (50m pool): 01:11.95 SB: 01:16.41 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.21		01:12.68	
	00:33.21		00:39.47		
					

Coach feedback:

Event number: 72: 100M BUTTERFLY WOMEN 13-14					Heat:5, starttime: 15:37
Heat: 5/5 Lane : 7 Athlete: VAN DER PLAS LOTTE					Q-time: 01:12:39
PB (25m pool): 01:13.61 Eeklo 06/04/2026					PB (50m pool): 01:12.39 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.70		01:13.61	
	00:33.70		00:39.91		
					

Coach feedback:

Event number: 73: 100M FREESTYLE MEN 15-16					Heat:5, starttime: 15:46
Heat: 5/8 Lane : 7 Athlete: LOEYS EWOUT					Q-time: 00:56:52
PB (25m pool): 00:56.52 LAGO Zwevegem 25/05/2026					PB (50m pool): 00:57.67 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.79		00:56.52	
	00:26.79		00:29.73		
					

Coach feedback:

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Event number: 73: 100M FREESTYLE MEN 15-16					Heat:5, starttime: 15:46
Heat: 5/8 Lane : 8 Athlete: DE DECKER TIBE					Q-time: 00:56:57
PB (25m pool): 00:56.57 LAGO Zwevegem 25/05/2026					PB (50m pool): 00:58.60 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.41		00:56.57	
	00:27.41		00:29.16		
					

Coach feedback:

Event number: 73: 100M FREESTYLE MEN 15-16					Heat:7, starttime: 15:48
Heat: 7/8 Lane : 1 Athlete: LAFAUT JEROME					Q-time: 00:55:81
PB (25m pool): 00:55.81 Eeklo 06/04/2026					PB (50m pool): 00:56.31 SB: 00:56.29 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.69		00:55.81	
	00:26.69		00:29.12		
					

Coach feedback:

Event number: 74: 100M FREESTYLE WOMEN 15-16					Heat:4, starttime: 15:56
Heat: 4/7 Lane : 2 Athlete: DE RUIJTER ELISE					Q-time: 01:01:97
PB (25m pool): 01:01.97 Gent 23/02/2025					PB (50m pool): 01:02.73 SB: 01:04.10 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.63		01:01.97	
	00:29.63		00:32.34		
					

Coach feedback:

Event number: 74: 100M FREESTYLE WOMEN 15-16					Heat:5, starttime: 15:58
Heat: 5/7 Lane : 6 Athlete: DE DECKER FEBE					Q-time: 00:59:35
PB (25m pool): 00:59.35 Eeklo 21/04/2025					PB (50m pool): 01:00.48 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.52		00:59.35	
	00:28.52		00:30.83		
					

Coach feedback:

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Event number: 74: 100M FREESTYLE WOMEN 15-16					Heat:7, starttime: 16:01
Heat: 7/7 Lane : 1 Athlete: VAN HERPE MILLY					Q-time: 01:00:98
PB (25m pool): 01:00.22 Sint-Amandsberg 18/10/2026			PB (50m pool): 01:01.91 SB: 01:00.22 Sint-Amandsberg 18/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.07		01:00.22	
	00:29.07		00:31.15		
					

Coach feedback:

Event number: 75: 200M BREASTSTROKE MEN 13-14							Heat:2, starttime: 16:07	
Heat: 2/5 Lane : 3 Athlete: HINDRYCKX MAURO							Q-time: 02:59:31	
PB (25m pool): 02:52.76 Sint-Amandsberg 18/10/2026				PB (50m pool): 03:01.33SB: 02:52.76 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.82		01:22.76		02:06.44		02:52.76
	00:38.82		00:43.94		00:43.68		00:46.32	
								

Coach feedback:

Event number: 76: 200M BREASTSTROKE WOMEN 13-14							Heat:1, starttime: 16:21	
Heat: 1/3 Lane : 4 Athlete: POTIER JOLIE							Q-time: 02:58:49	
PB (25m pool): 02:55.81 Sint-Amandsberg 18/10/2026				PB (50m pool): 02:58.89SB: 02:55.81 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.39		01:24.39		02:10.22		02:55.81
	00:39.39		00:45.00		00:45.83		00:45.59	
								

Coach feedback:

Event number: 76: 200M BREASTSTROKE WOMEN 13-14							Heat:2, starttime: 16:24	
Heat: 2/3 Lane : 3 Athlete: WAIGNEIN ROSIE							Q-time: 02:54:66	
PB (25m pool): 02:57.20 EEKLO 04/10/2026				PB (50m pool): 02:54.66SB: 02:57.20 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.56		01:26.04		no time		02:57.20
	00:40.56		00:45.48					
								

Coach feedback:

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Event number: 76: 200M BREASTSTROKE WOMEN 13-14							Heat:3, starttime: 16:28	
Heat: 3/3 Lane : 2 Athlete: VAN DER PLAS LOTTE							Q-time: 02:50:78	
PB (25m pool): 02:50.78 T ROSCO 12/10/2025				PB (50m pool): 02:53.01 SB: 02:54.30 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.79		01:21.52		02:05.76		02:50.78
	00:38.79		00:42.73		00:44.24		00:45.02	
								

Coach feedback: